

Fall Shootout IV Meet Schedule

ALL SENIOR & PRE-SENIOR SWIMMERS NEED TO BE AT ALL SESSIONS (except distance) OF THE MEET FOR INDIVIDUAL AND RELAY EVENTS. *Between these two practice groups, we have exactly 16 girls (4 relay teams) and 12 boys (3 relay teams) per event, so it is critical that everyone attend and be ready to represent with their friends / teammates!*

Saturday Morning Prelims (we will sit in the balcony by diving boards)

Arrive by: 9:30AM ; Warm-up 9:50—10:20AM ; Meet 10:30AM Start, done approx. 1:45PM.

EVENTS: (15/Under and Open): 100 Free, 100 Breast, 100 Back, 50 Free (open) 200 IM, 100 Fly, 200 Free

Saturday Distance (All Heats of 1000 and 1650 Free)

Warm-up approx. 15mins right after prelims (1:45—2:00pm approx). 1 Hour Session provide own timers.

Saturday Evening Semi-Finals (we will sit in the bleachers ON DECK at the shallow end)

Arrive by 5:30PM ; Warm-up 5:40--6:25PM ; Meet Starts 6:30PM (ends approx. 9:15PM)

EVENTS: 200 Medley Relay, Semi-Finals of all morning events, 400 Free Relay

Sunday Morning Timed Finals

Arrive by 7:50AM ; Warm-up 8:00—8:30AM ; Meet Starts 9:10AM (ends approx. 12:30PM)

EVENTS (11-Over) 50 Free,400 IM,50 Back,200 Back,50 Fly,200 Fly,50 Breast,200 Breast,100 IM,500 Free

Sunday Evening Finals (we will sit in the bleachers ON DECK at the shallow end)

Arrive by 4:30PM ; Warm-up 4:40--5:25PM ; Meet Starts 5:30PM (ends approx. 7:45PM)

EVENTS: 200 Free Relay, Finals of all Saturday Events, 400 Medley Relay